

TOPAZ SPIRITS

Late Spring Musings

Catching up ...



One month old Meghan and 2 year old brother Wes

As the Summer Solstice rapidly approaches, it marks nearly the halfway point for the year. This past quarter has been a busy one for me with the birth of Meghan Delaine, my husband getting walking pneumonia, the demise of my hard drive (and the ordeal of resettling the new hard drive), the demise of our home air conditioner and a number of other things. Mercury went out of retrograde in style this time! Meanwhile, we look forward to the coming Summer Solstice!

Programming Crystals and the Oil Spill

And Mother Earth has had her share of issues as well. So, if you remember the Haiti newsletter, this will continue the thoughts. I've had a number of customers send me a newsletter telling people to use trigonic crystals to help mitigate the oil spill damage in the Gulf of Mexico. The questions came about trigonics being specific to this purpose. The news – trigonics are not specific in that manner, although, like any crystal, they can be used to assist. Further, not all trigonics are appropriate for this use ... you really have to work with the crystal and literally not force them to accommodate something that is not in their nature.

All crystals like to help, but like all people, each has a different talent. For this reason, I am really averse to "programming" crystals. As sentient beings, crystals should never have things forced onto them. It is **Kullu Rosie - one of the best Heart stones ever!** far better to allow your energies to mesh, ask the crystal for help and together, you project whatever in love, communication and active participation.

Further, it is also better not to do a similar thing to Mother Earth ... for instance, don't force your energies to only go to the oil spill in the Gulf. To help, merely send to Mother Earth to use where she needs it. Love, communication and active participation ... that's all it takes. The love grid is a perfect way to help!

[Kullu Rosie - Trigonic](#)



Cleansing Crystals



Flame Selenite Cluster

A number of people have asked about cleansing crystals and how to do it. I spoke briefly about this in a past newsletter (see all the newsletters on the website), but will go into more detail.

One of my favorite things is to wash each one with a mild soap and rainwater and allow to air dry in the sun. Most crystals enjoy a sunbath followed by a nice moon bath to balance the energies. This works well with any quartz and hard crystals (ruby, sapphire, topaz, herderite, peridot, beryls, etc.) Calcite and fluorite can be briefly washed and patted dry but no sun (it fades them, particularly the fluorite). And water soluble crystals (halite, selenite, etc.) should never be washed and amethyst and rose quartz shouldn't be allowed an extensive sun bath as it will fade them.

All that being said, there are methods of "dry cleaning" that works on all crystals. If you want to remove physical things (dust and dirt), a soft brush will work. From there, to clear the energies, you can set the crystal on a plate of selenite for a few days to allow maximum clearing. Alternatively, you can smudge by taking a cedar or sage bundle and lighting it, then shaking to extinguish to a smolder. Allow the smoke

to waft upward as you pass all side of the crystal through it.

Another method that works very well when you have no rainwater or sage is to focus on clearing and direct your breath (exhale) as if coming through the Third Eye and into the termination of the crystal. I repeat this as many times as is necessary to clear the crystal. Note that this is not programming ... it is a clearing process and generally 3-5 "breaths" will take care of it unless the crystal is badly contaminated.

Should you need deep cleaning, this is where Mother Earth can help. Choose a nice place in the garden where the crystal won't be disturbed and won't get direct sun. Allow the crystal to remain at least a week and sometimes longer until the energies are cleared. Note that water soluble crystals should not be cleaned this way as any rain will damage them. An extended selenite treatment is the best way.

Regular clearing for a crystal is like a daily shower for us. We feel better, we work better and we look better!

Personal Sized Flame Selenite Cluster

And now ... what's new ... Prophecy Stones

Through a weird bunch of circumstances, I ended up getting a lot of Prophecy Stones and it was only when I opened them up and felt the energy that I realized what they were! Imagine my shock and excitement! I will say this ... when you first look at them, they are a dark, almost black, brown color and you make a quick assumption that they are grounding. They will literally raise your hair! I was totally captivated! These are actually a pseudomorph of hematite, limonite, goethite after marcasite ... and if you look closely, you can see the original crystalline structure of the marcasite. A pseudomorph is a mineral that appears in a form other than its own crystalline structure, having totally replaced another, but the appearance and shape of the original mineral is retained ... like a mold. The color is a dark, chocolate brown and each has a warm, almost waxy yet comforting feel.



Intricate Prophecy Stone

The [White Desert](#) is mystic, magical and formidable. It is part of the vast Sahara and Farafra is one of the five oasis within it. The sand is calcium rich and the rock formations are surreal and yet, the only sentient life for miles. It is no wonder that it is a resource for some of the most powerful stones in the world. Look at the Prophecy Stone ... dark, brown and unassuming ... yet pick her up and you are in for a surprise! Brown stones are grounding, right? Not this one! She will literally take your breath away as she clears the Crown and starts the Third Eye to pulsing! These stones have long been sought after and treasured by those seeking visions and once you hold one, you will understand why. My first time working with one had me sitting quietly and going with the upward sweeping sensation. Tears poured down my cheeks and the opening was amazing ... I felt like I could barely walk ... it was so amazing! Like the Moz, each is unique to a Keeper and will open specific aspects of your psychic abilities. All I can say is "hold onto your hat"!

Intricate, Elongated Prophecy Stone Starburst

Chlorite Quartz



And now, I'd like to talk about one of the most overlooked, yet useful quartz in the Healer's (or anyone's) toolkit ... chlorite quartz. Without thinking about it much, we are subjected to the energies of others. Think about it ... when someone is laughing, don't you get the urge to laugh out loud? And when someone is crying and upset,



Chlorite Quartz

you feel the need to comfort. People in groups act out the energies of the group – cheering, anger, etc. And have you ever noticed how tired you get just going to the mall? It's all a matter of energy ... you pick up the good, the bad and the ugly. Unfortunately if you're a Healer, you have extra issues because you are dealing with the really noxious energies that your patients throw off. Without proper protection and constant cleansing of your Self and the environment, you risk getting sick yourself or even transferring that noxious energy to another.

Well, chlorite quartz is one of the answers! It doesn't have to be large, beautiful or from a certain location to work ... it just does. It will first cleanse you and then set up a "safety shield" around you so that you don't pick up anything negative ... note that it literally will take the "hit" for you. Like any tool, you must be sure to take good care of it and give it regular baths and cleansing as well. Properly cared for and loved,

your chlorite quartz will be your best healing friend!

Chlorite quartz comes from all over the world and no one location is better than another. Use whatever you like best and enjoy the assistance your new friend will provide.

Protective-Spirit DT Chlorite Quartz – Deep Green

Looking forward ...

To everyone, enjoy the fine summer that is settling in and Happy Summer Solstice ahead! And a belated happy Mother's Day to all the moms and an early happy Father's Day to all the dads!!

Many blessings –

Jan



Spring Color

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