

Happy summer everyone! This has certainly been a summer of extremes – too hot, too cold, too wet, too dry ... no one seems to have a happy medium. Wherever you are, I hope it has been pleasant, however!

This season, I have been lucky to have found some incredible crystalline beings to offer and what has struck me, are the number of crystals that I am seeing with unusual inclusions, markings (including glyphs and trigonic and geographic record keepers) and configurations. I want to introduce the ones that I'm seeing a lot of because these are the harbingers of where light work is heading. In addition, many people are just discovering light work and some of these things are so new that they are not showing up in crystal reference books ... or the references that are there are not too specific. To that end, I am going to talk about Dow formations, manifestors, starbraries, geographic record keepers and trigonic record keepers. The Dow and the manifestor have been recognized for some time, but are taking on new roles while the starbrary glyphs, geographic record keepers and trigonic record keepers are all new.

**The Dow:** the Dow was first recognized over 20 years ago and it was Katrina Raphael who named it for her dear friend, JaneAnn Dow. It is a crystal

with alternating faces having seven and three sides. I have seen books where the author asserts that a true Dow must be perfectly symmetrical; that is *not* true. It is the energies that count, not the symmetry. The true Dow evokes pyramidal energy: if you look through the seven sided face, you will see a pyramid formed in the three sided face. This is an optical illusion, but it does illustrate the energies that are set up by this configuration. The Dow (7/3/7/3/7/3) configuration is the perfect transmitter and receiver. Threes represent Mind, Body and Soul; Life, Death, Rebirth; child, adult, crone. Sevens represent the seven frequencies of the tonal scale, the seven colors of the rainbow, the seven Chakras, the seven directions (north, south, east, west, up, down and within). Together the 7+3 equals 10: another numeric perfection: ten toes, ten fingers, etc. The sum of all the sides is 30, another "3", in the perfection of the circle. Viewed from the top, Dows appear to have only three faces that meet and three that add to the faceted feel. No matter how symmetrical the faces are, each Dow sets up a spiral of energy that simulates the two strands (one from the sevens and one from the threes) of DNA which is why they have such a good feel to the Light Worker. You should choose a Dow carefully for each is a true Master Crystal and will be useful for any Light Work you will want

to do. They are the perfect sender and receiver and thus if you don't know where to start with a crystal, reach for a Dow.

**Manifestors:** Literally, manifestors are included crystals. Again, you will read that some people only count a quartz crystal in a quartz as a manifestor and this simply is not true. It is certainly a special kind of manifestor, but you can have mixed species manifestors: fluorite in quartz, rutile (or rutile, lepidocrosite, goethite, cacoxinite, epidote, garnet, etc.) in quartz, jamisonite in fluorite, hedenbergite in calcite and so it goes. Basically the Crystalline Realm is very creative and blends its energies beautifully. The Melody Stone with its seven species, four of which are manifestors, is so powerful precisely because of these energies. Manifestors are important crystals because although visible, they are also hidden. They reinforce the energy of the mother crystal and show the Light Worker to look inside. All too often, we sell our Self short by being our own worse critic. Deep inside, we are all winners and achievers ... if we would only permit it. I am seeing so many manifestor crystals now just because Light Workers need to be assertive about their abilities and be all that they can be.

**Starbraries:** The starbrary was written about in a previous newsletter so if you would like to read it, either email me and ask for it or go to the [topazspirits.com](http://topazspirits.com) website and get it. Now, before going on, I want to make one statement: Melody did NOT write a thing about starbraries. Nowhere in any of Melody's books or publications will you see it mentioned. This is to put on the record that although Melody is a great source about crystal information, she is not the only source and you should trust your instincts as to whether or not the information resonates for you. Read a variety of sources so that you develop perspective. In any case, what I am seeing now is an increase in starbrary glyphs that are quite different from the ones originally channeled. In particular, the lightning strike quartz are incredible. These are quartz that grew in places that sustained a number of lightning strikes. Some of the strikes literally damaged the quartz through the eons; the most ancient strikes have healed while the new ones show the raw scars yet. None the less, the pattern is distinctive and it occurred to me that these are a special starbrary. The starbrary glyphs were created by electrical patterns, thus encoding them with information, much the same way computer chips are encoded today. Quartz is piezoelectric meaning that it conducts electricity when under

pressure (that is why it is used in watches). The warmth of your hand creates enough energy to activate it, so certainly electricity from whatever source will do the same. I am still working with the lightning strike information, but wow, there is a lot there to decode and utilize – this is an important addition to the starbrary collection.

**Geographic record keepers:** These are raised areas on a crystalline face that look like islands or maps, hence the name. Occasionally, these will look like an actual existing island, but generally, they are more random. They are caused by a liquid quartz overlay not too dissimilar to the mark melted wax leaves. Through the eons, these record keepers may be further marked with record keepers and glyphs making them a highly tactile information source. I use these types of crystals for journeying since they are wonderful for setting your imagination off and inviting you through the time portal they open. These seem to be prevalent on Brandberg crystals as well as the Kullu Rosies.

**Trigonic record keepers:** The normal record keeper is a raised triangle with apex upward. The trigonic is inverted (apex down) and etched (kind of like the difference between an outie and an innie ...). I am finding

them on the Kullu Rosies in profusion, but also on many different types of quartz from all around the world plus datolite, rubies, dravite and other crystalline species. It is said that trigonic record keepers are for a Keeper dealing with life and death issues. In other words, the Light Worker is coming into a full understanding of the continuum of All That Is. The fact so many crystals are now appearing means that the Light Worker is ready for such a bridge and the important lessons that the Crystalline Realm can facilitate. In particular, pay attention to the type of crystal hosting the trigonic as that one offers special lessons. A trigonic on rose quartz signifies a passage in a relationship (and this does not mean in a bad way ...). A trigonic in a smoky can signify the need for intensified protection. They are wonderful crystals to use in a grid situation as the trigonic can be used as an accelerator for the other crystals. Use with care and blend different types.

With all that said, please email me if you have questions about other things and I will answer as best I can. In the meantime, have a wonderful rest of the summer!

*Jan*