



**Newsletter June 2005**

Happy SUMMER everyone! It's a busy time ... what ever happened to the lazy, hazy days of summer??? For me, Solstice was a very special day, marking a transition and a "quickenig". Key to this activity is epidote, the subject of this month's newsletter.

A few years ago, epidote was fairly uncommon. I remember searching all around to buy a piece and turning up nothing – no small crystals, no inclusions, nothing. Now, they are everywhere: Russia, Orange River, Madagascar, Brazil, Peru, Columbia and even Colorado. I am amazed at both the number and variety, coupled with the wide range of energies.

The first I'll mention are the "Dream Quartz" from Madagascar and Columbia. These quartz have incredible phantoms of epidote that give the quartz a definite green color. The Madagascar quartz is more yellowish-green and the Columbian is more mint-green. These crystals are absolutely incredible for stimulating the dream state. You will find more dreams, more complex dreams and the feeling that you've been doing "night work" on a very high level. Now, these do not interfere with physical sleep (I always feel very rested), but I will sometimes that trigger the recall of the dream and then ALL of this "stuff" begins to process. It is totally amazing. The Aboriginal peoples hold the dream state as sacred – they believe that dreams are reality and as such, must be carefully analyzed. From a very young age, the children are encouraged to share their dreams with their elders for careful

dream analysis. Although it is not our tradition, we also must adopt this integration in order for our own processing efforts and Spiritual development.

Epidote is also known for its ability to stimulate the psychic, enhance intuition and perception and augment personal power. It is also awesome for dislodging those pesky blockages, releasing the pent up emotions associated with them. For those who have been ill (physically or emotionally), it stimulates recovery, helping to realign the Chakras and foster good health. Truly, epidote is a work-horse among crystalline Spirits!

Epidote rods are also included in quartz, topaz and even sunstone! When included as rods, they also link the dream to something specific. As an example, epidote rods in sunstone stimulate psychic clarity. In topaz, they foster communicating the "unseen" ... perceptions. In quartz, the effect varies, depending on the type of quartz (cluster, wand, channeler, etc.).

As for crystalline epidote, it is a wonderful, deep green (sometimes almost black) color with terminations similar to tourmaline. Its sides are striated lengthwise and often, there are wonderful glyphs, keys and even record keepers. The epidote from Brazil is more personal, working on emotions, blockages and personal power. That from Peru is a potent psychic stimulator. Both are incredibly energetic, yet the Peruvian crystals are like an antenna and if your Third Eye



**Newsletter June 2005**

wasn't open before, it will be now!  
These ARE master crystals and critical  
for the transitions and changes we are  
all undergoing now.

This month, epidote and epidote-  
included crystals will be featured in the  
store listings. Mention the newsletter  
and get a free loupe to go with your  
purchase!

I hope this has been helpful and *please*  
email me with questions and requests  
for future newsletters. Most  
importantly, thank YOU for making  
Topaz Spirits possible!

Jan (aka Leoleobobeo)