



Newsletter July-August 2005

Well, the summer has gotten away from me and plans for a July newsletter have now developed into a July-August one. Hope you all are enjoying your summer and that it's cooler where you are than in Tennessee!

And as a first order of business, I have a new eBay ID: topazspirit! "Leoleobobeo" was a name I picked because my cat (Leo – the orange one) was bugging me years ago when I started as a buyer (looking for software) on eBay. But as I continued as a seller, it didn't describe the work with the crystals as much as I wanted, so there I am – same person, same great crystals, new name! I hope you like it!!!

This month, I'd like to spend some time talking about crystal grids. Grids function much like the ley lines of the Earth do; they are channels for energy and help to both direction and focus so as to create a larger effect. Early people recognized these natural channels and you'll find most old churches and sacred sites are on the ley lines.

Many have asked about grids and rather than reiterate, following is a list of sites that talk about the theory, the use and the types of grids. Use these for information and try out a few, just to get the "hang" of it. But, then, try a few different things to develop the grids specifically for your energy patterns and needs.

Partial list of grid sites:

<http://www.the-arcturians.com/new2005/eng/index.htm>

<http://www.crystalsandjewelry.com/crystalgrids.html>

http://www.mahatma.co.uk/crystal_manual/crystal_gridworks.htm

<http://www.kamalkapoor.com/crystals/crystalenergy.asp>

<http://www.inlighttimes.com/archives/2005/01/doreen-virtue.htm>

<http://www.cropcircleconnector.com/interface2005.htm>

<http://www.reiki.org/GlobalHealing/northhandsouthp.html>

<http://www.nibiruancouncil.com/html/crystalgridsarticle.html>

<http://www.reiki-essence.co.uk/Products/gridsets.htm>

Now, that should get you started with a variety of ideas and philosophies ... now, it's time for YOU to get creative!! Choose a grid that resonates with you and then choose a set of crystals and stones that can assist. For instance, if you are wanting to create abundance in your life, you might want a spiral grid to collect and focus the energies. Then, you might want to choose citrines, turquoise, DT quartz and rose quartz (yep, don't forget Self-love as without that, you won't accept abundance). I try to work in multiples of three, so I place three, six, nine ... whatever ... in the spiral. Make the spiral large enough so that you can sit in the center if you want to meditate or small enough to fit on a mat so you can slide under your bed for night work. Always choose a favorite crystal that is particularly meaningful to you for the very center to either lay there or hold (if meditating). Some like to set one up in a room and use Reiki to charge it or they use an effigy in the



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center to represent a patient and use the grid to focus distance healing.

Self-discovery requires hematite or Kundalini quartz, rose quartz, chlorite quartz (for protection), etc. Reaching your higher Self calls for indigo tourmaline, amethyst, apophyllite, etc. Don't forget rose quartz! Creativity uses carnelian, tangerine quartz, rhodochrosite, wonder stones, etc.

Stones can be natural or tumbled – it really doesn't matter! They also don't need to be perfect, just energetic and willing. And, I like to use hexagonal rubies and sapphires so you can "dial" the energies – raise or lower the levels to suit your needs.

Have fun with it all and remember, if it doesn't work the first time, try rearranging or substituting. And draw from different sources: you'll note a link to crop circles. Well, I drew a lot of ideas from those and they are very powerful grids!!!

And as this month's special, mention the newsletter and get a free RK ruby with your purchase!

Jan (formerly leoleobobeo ... hope you like the change!)