

## Topaz Spirits

### Newsletter Summer 2008

So far the summer has been amazing! We've had a good blend of sun and rain here in Tennessee and hope that it's been much the same for you! And we have welcomed the birth of our first grandchild, Weston Anthony, on June 30th – a continuing amazement to us and a miracle in every way!

And this quarter, as I have unpacked shipments from my supplier, I'm struck by the number of wands that are manifesting now, so thought this an appropriate time to talk about them and their uses. I know what I call a wand, but to be inclusive, dug into a number of reference books and found many divergent opinions. In general, a wand is a long, slender crystal with much more (like 4 to 5 times more) length than width. They can be any size and any species: aquamarine, tourmaline, quartz, tektite, moldavite, agerine, ilvaite, quartz, etc. Although the quartz ones are best known, there is real value in investigating the more specific properties of other species. And with the quartz wand, there are multitudinous types: phantom, channeler, Dow, Isis, shovel, double terminated, abundance, included (hematite, rutile, tourmaline, fluorite, etc.), laser, Lemurian, elestial, faden, smoky, starbrary, singing, ... you get the idea. Pretty much if you can find it in quartz, it can be in a wand. The other species aren't as diverse.

In anyone's crystal repertoire, the wand is a must have. It is a Master Crystal and a means for its Keeper to program grids, activate other crystals, instill protection "bubbles", infuse a room with intention, etc. The uses are numerous and the wand is a valuable tool in every crystal or Reiki healer's kit.

Starting out is a bit daunting ... first, I'd begin with a quartz wand – the others are nice, but the quartz is far more flexible. Decide what draws you most, such as clarity, color, inclusions, a specific termination. Also decide what size you want. Wands are rare and because of their thinness, are more fragile than other crystals. Thus, the longer the wand, the more you'll pay over a more traditionally-shaped crystal. Personally, I like to have a large one for home use and another about 3-4" long for traveling. Generally, the larger the wand, the more powerful it is, but if you choose well, you can find a small wand with a real "kick". Next determine if you want specific inclusions – again, depending on the inclusion, these will also add costs. Also, be open to facial configurations; Dows are the most rare and the most expensive, but if you don't specifically need a Dow, you can pretty much get similar effects from a channeler. Whatever you choose, allow the wand to "speak" to you so that you know there is a resonance. Above all

else, that resonance is what will make your wand totally magic!

Now, you have found your wand (or wands). The first thing to do is cleanse. Wands are very susceptible to the energy of others, so you want to be sure that only yours is there. I like to wash with rainwater and mild soap, then let air-dry in the sun. About an hour charges it with sun energies and for a nice balance and finishing touch, an hour under the full moon is wonderful!

Repeat at least once a month, but daily (or more) if you are using in a healing practice or if a number of people have handled your wand. Wands are very personal crystals, so be very, very careful about who handles your wand. You cannot cleanse too much ... and better to cleanse than not.

Next, we all have that picture of Merlin and his magic wand ... or Harry Potter or any of the numbers of wizards made popular. The grip on your wand is determined by the energy you want to project (the closer to the base, the more energy; the closer to the tip, the less energy). Never – ever – ever – point a wand at a person randomly or use a wand when you are experiencing negative emotions like anger, frustration, depression or hostility. A wand is like a crystalline gun and you can do serious damage, literally blasting holes in a person's aura field. When

you store a wand, it is also important not to have them pointing out into the room or where someone could inadvertently enter the "beam". Many people like to wrap the wand in red or violet flannel (or velvet) for safe storage.

To work with the wand, it is important to clear your Self as well. Take a shower, choose a time when you won't be interrupted, put on some wonderful, soaring music, burn incense ... in short whatever creates a mood and helps you clear your mind. Take the wand and sense the best position to hold it, then begin to project your thoughts through it. It is important to always put positive energies into the wand and if you're working with a person, draw circles around the person (never project at the person). If you're working with a grid, you can project into the center or draw circles, depending on what seems right. And remember that all thoughts can be at a subtle level. "I want to clear blockages" seems positive enough but really says, "There are blockages" which is a negative. Instead focus on "smooth and efficient energy flow through all the Chakras in a manner that harmonizes the patient with the Universe". If you are setting up an abundance grid, infuse it with the energy of gratitude for the abundance already in your life with the intent to allow abundance to grow and flourish. If you are setting up a protection grid, infuse it

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with the energies of love, peace and loving protection for all who dwell in the house (or work in the office or whatever you are protecting). Always express gratitude and appreciation for what you have and what it will become.

I realize that this is a simple presentation and the use of wands gets intricate. Please let me know if you have specific or more intensive questions and I will try to get answers to you ... above all, have fun with your wand and enjoy the level of energy it will help you move!

Have a great rest of the summer!

*Jan*